

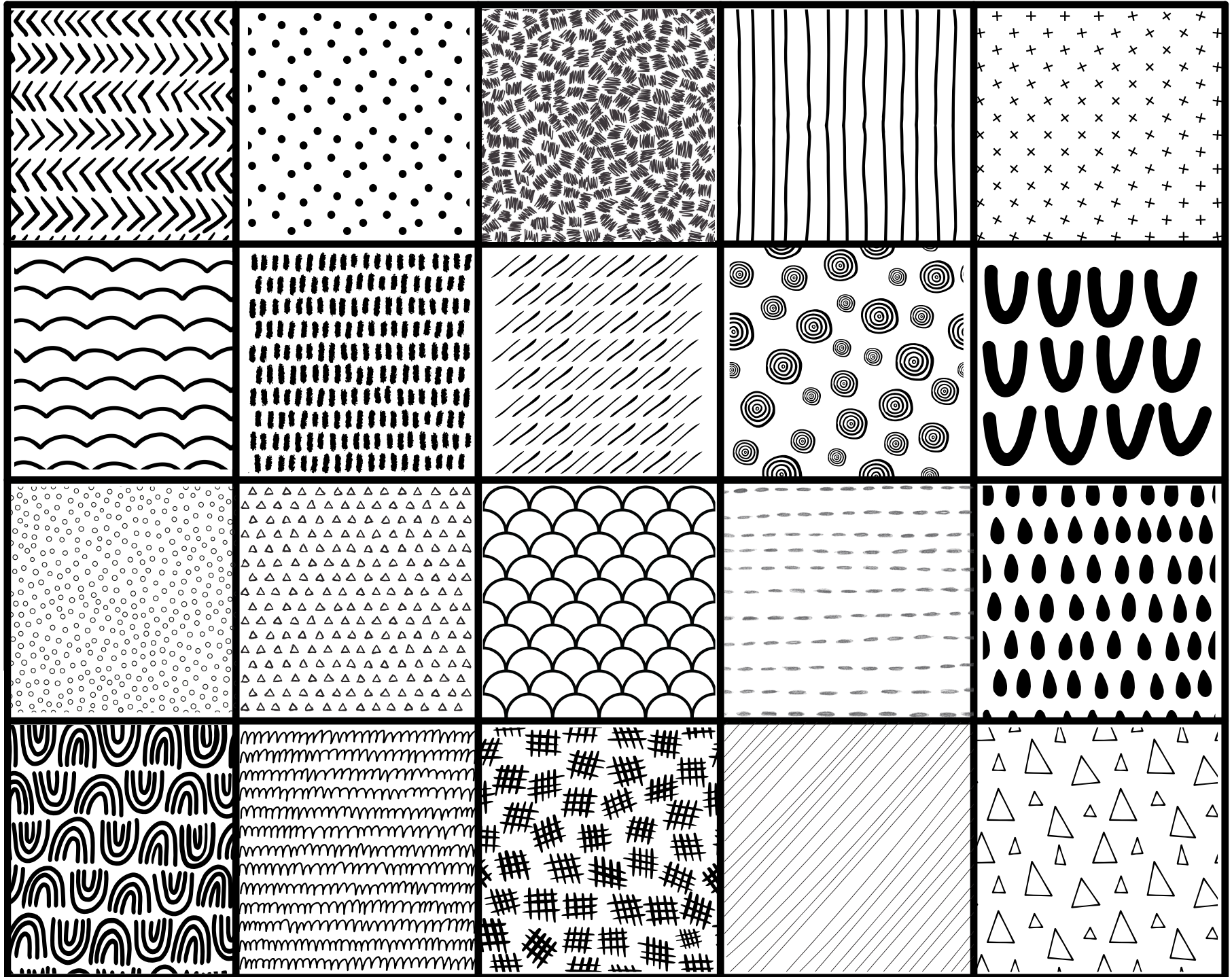


Doodle Pattern Inspo

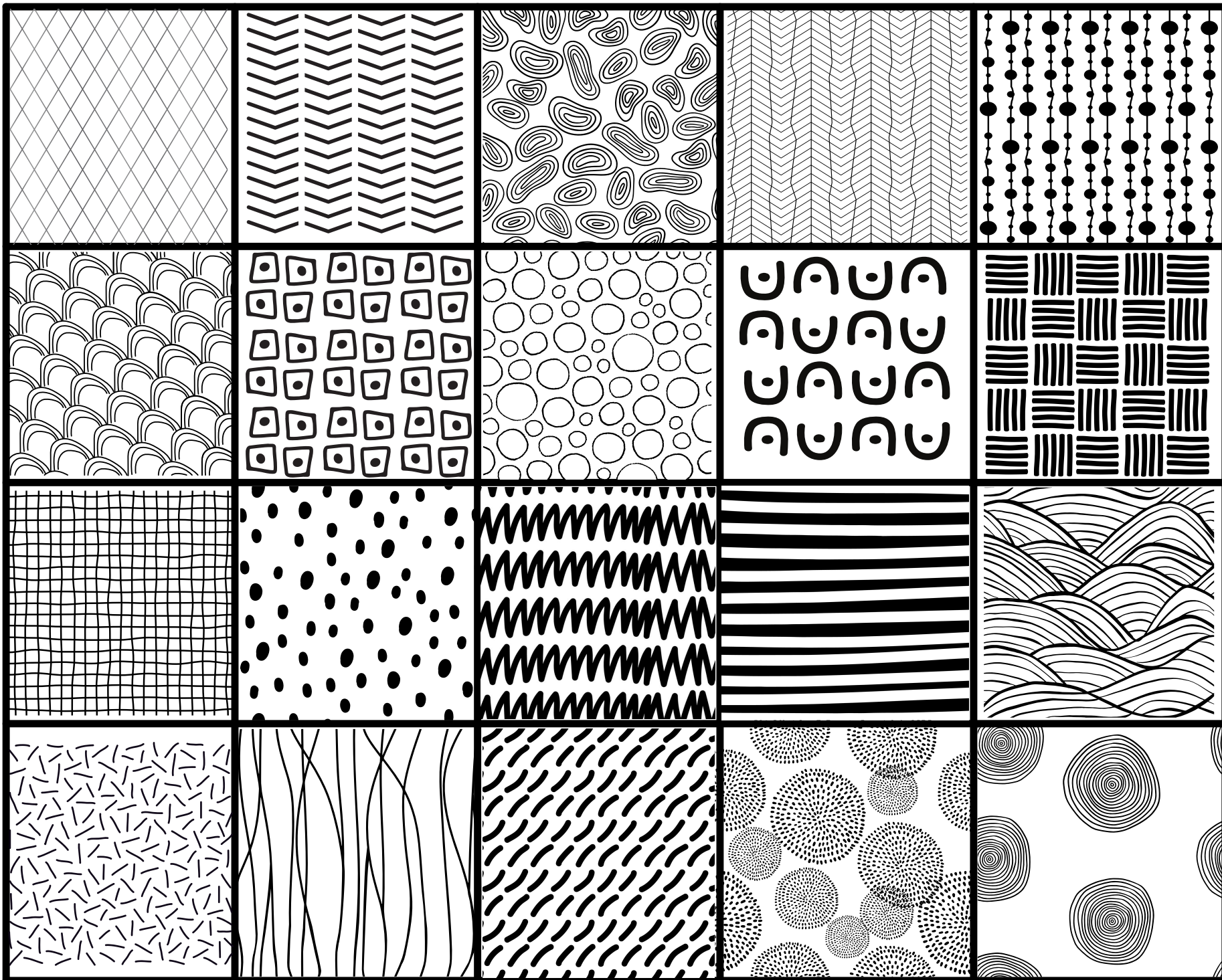
Includes 60 Pattern Prompts and 7 Doodle Pages

WWW.CREATIVETOOLSFORWELLNESS.COM

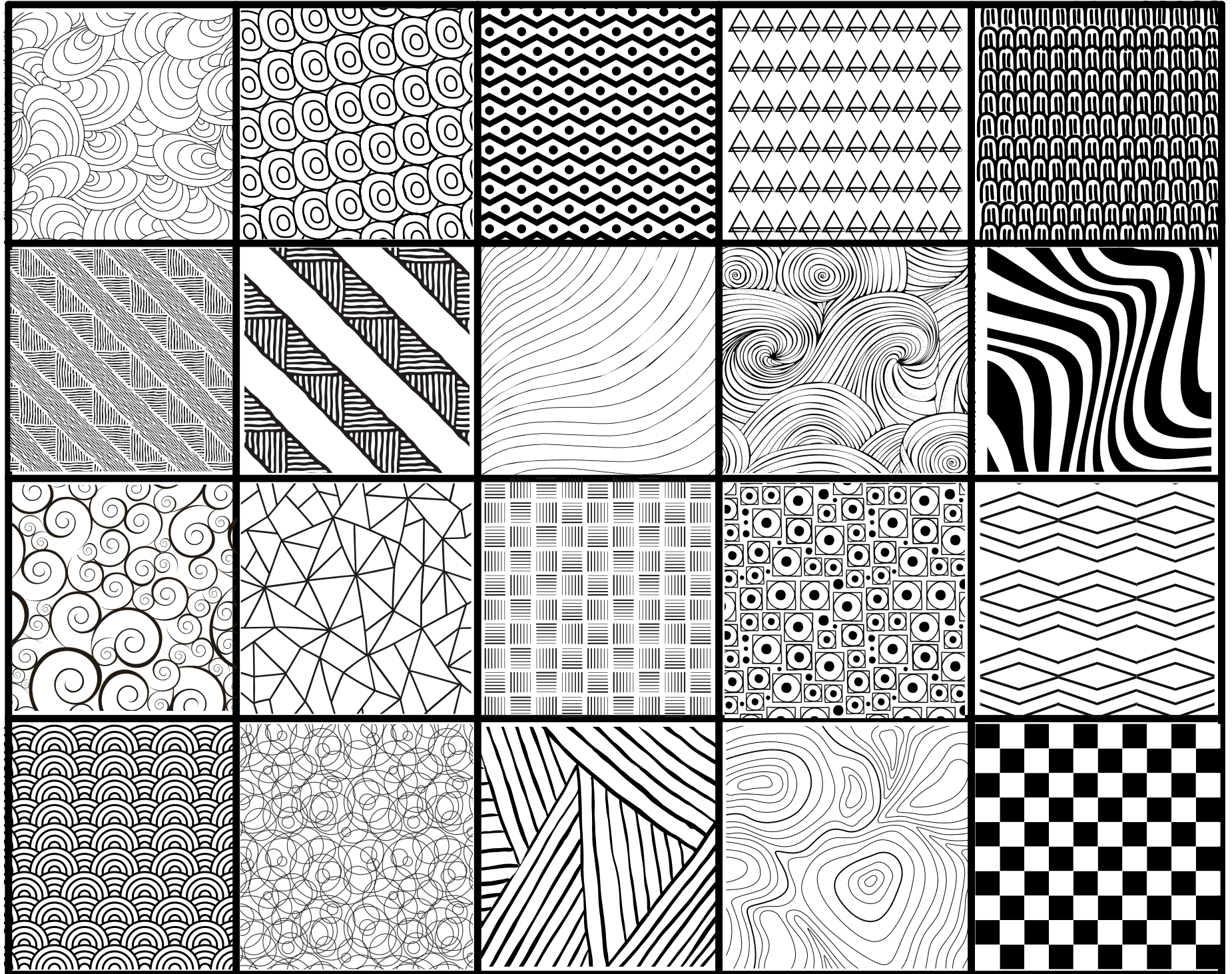
Doodle Pattern Prompt Cards-Cut into squares



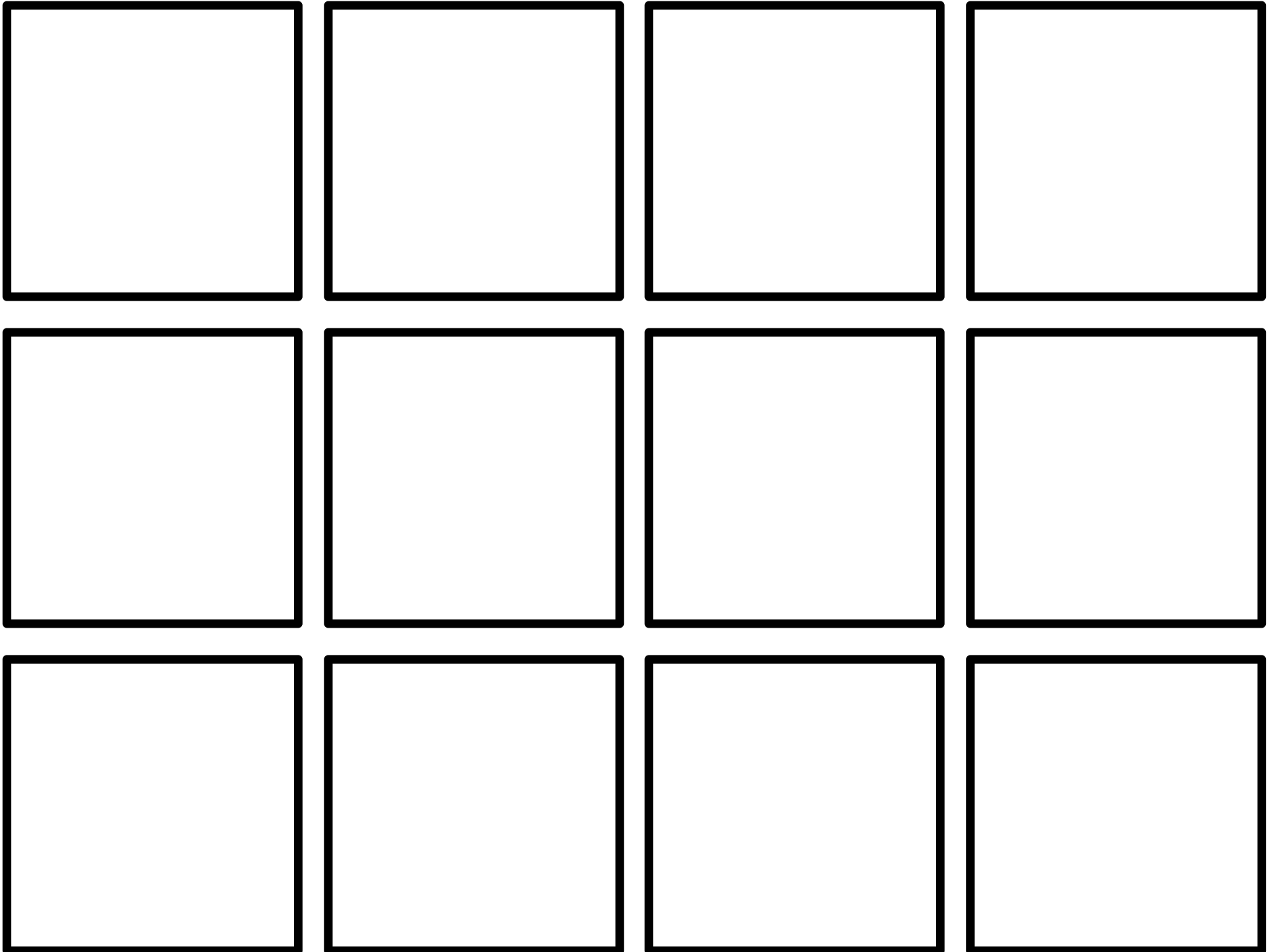
Doodle Pattern Prompt Cards



Doodle Pattern Prompt Cards



CREATE YOUR OWN PATTERNS

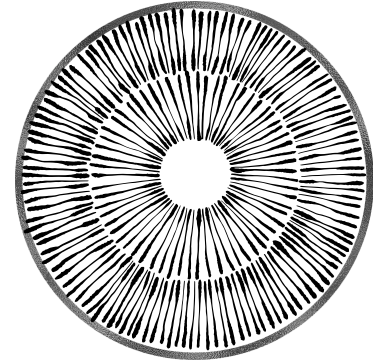
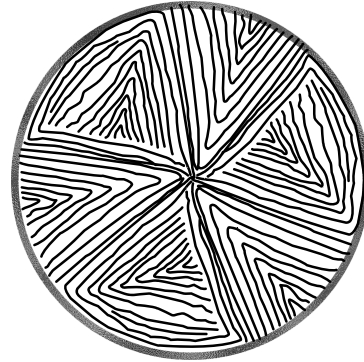
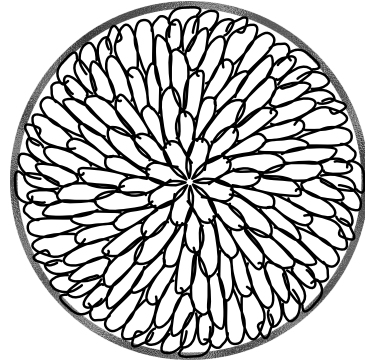
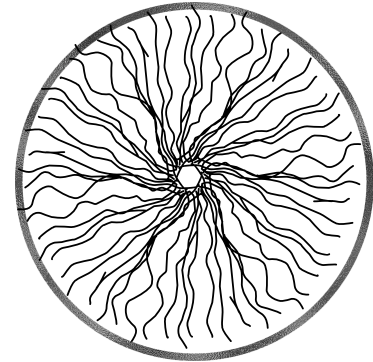
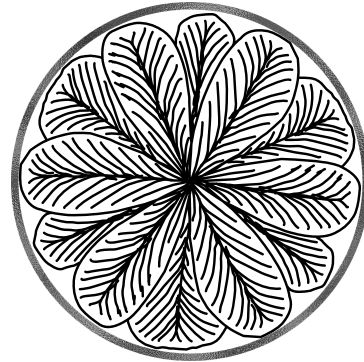
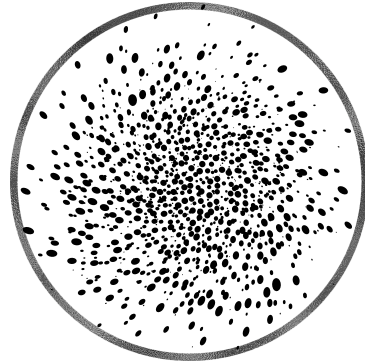
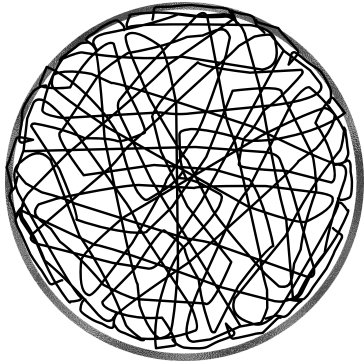
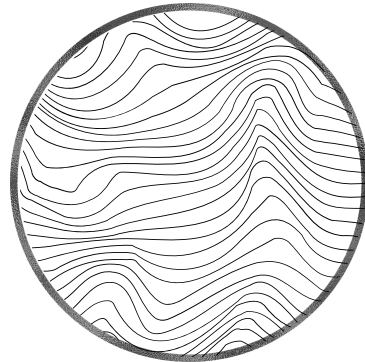
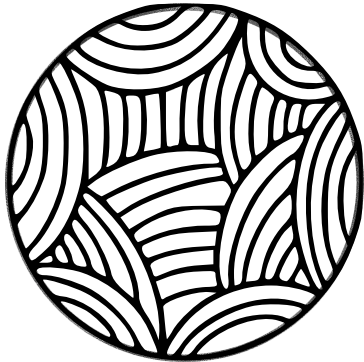


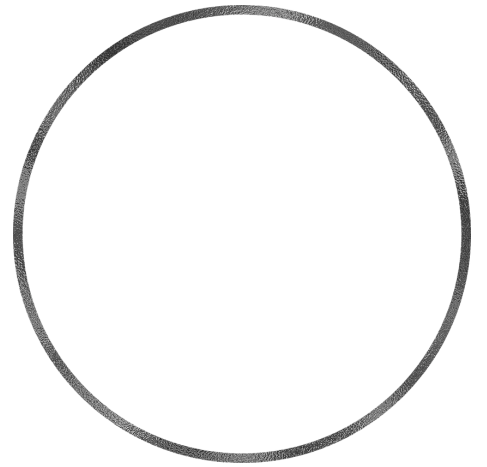
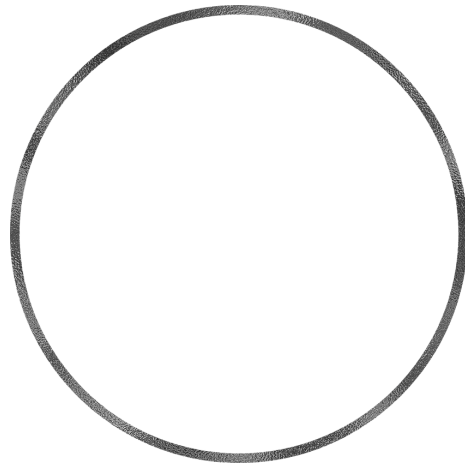
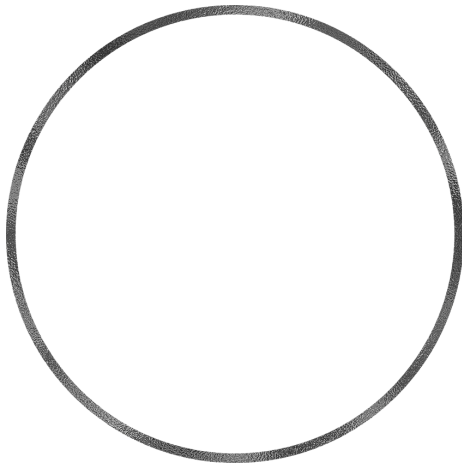
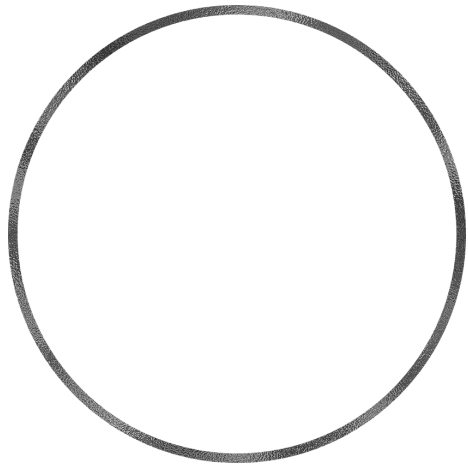
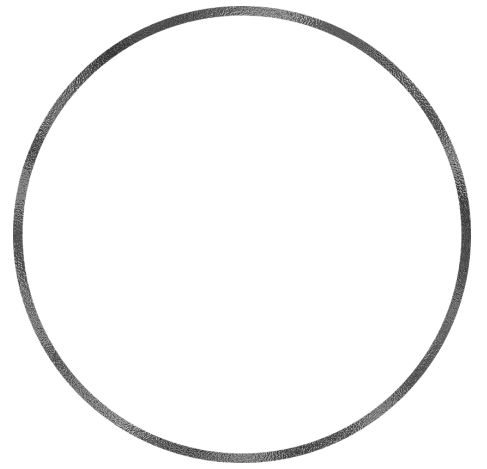
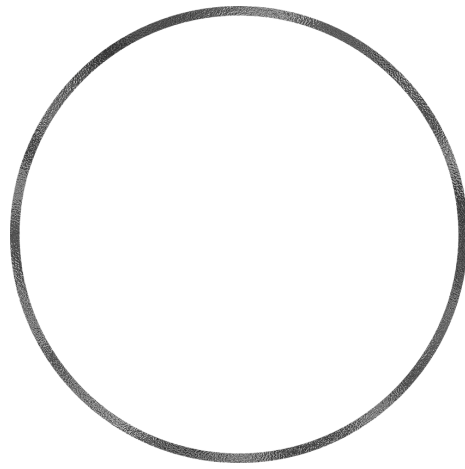
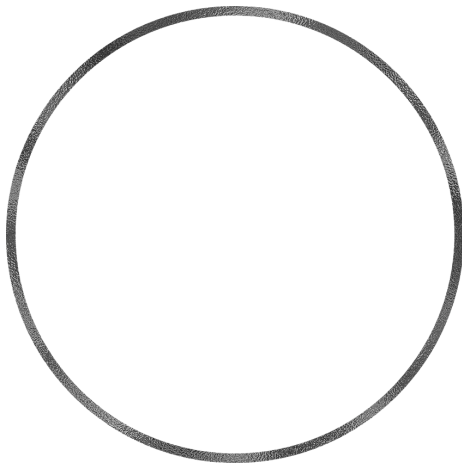
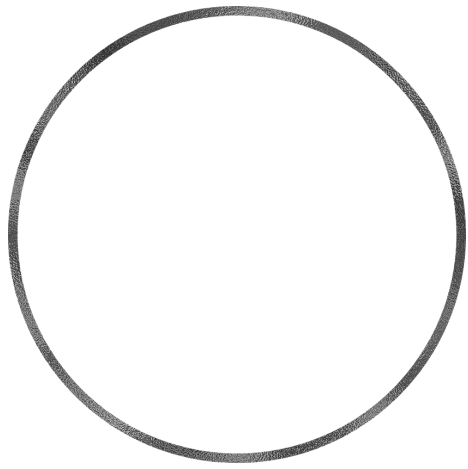
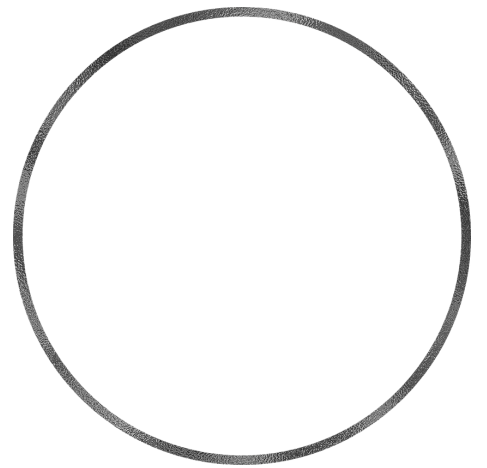
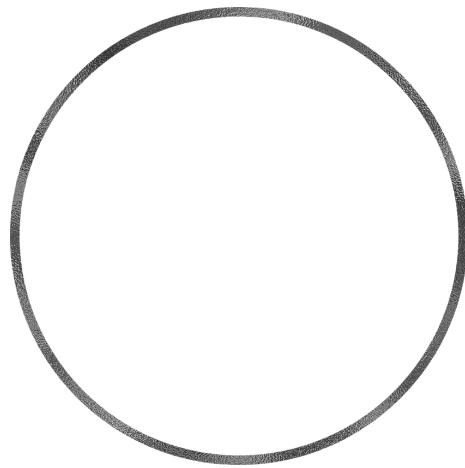
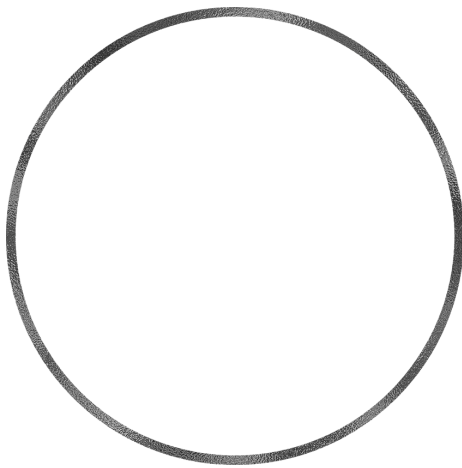
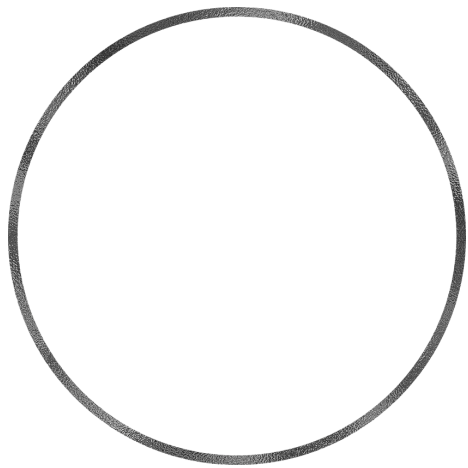
The background is a dense, intricate pattern of black and white elements. It features several prominent motifs: large, multi-layered spirals on the left and right sides; a central vertical column of dots that tapers towards the top; and various other patterns of small circles, lines, and arrows scattered throughout. The overall effect is a rich, textured visual field.

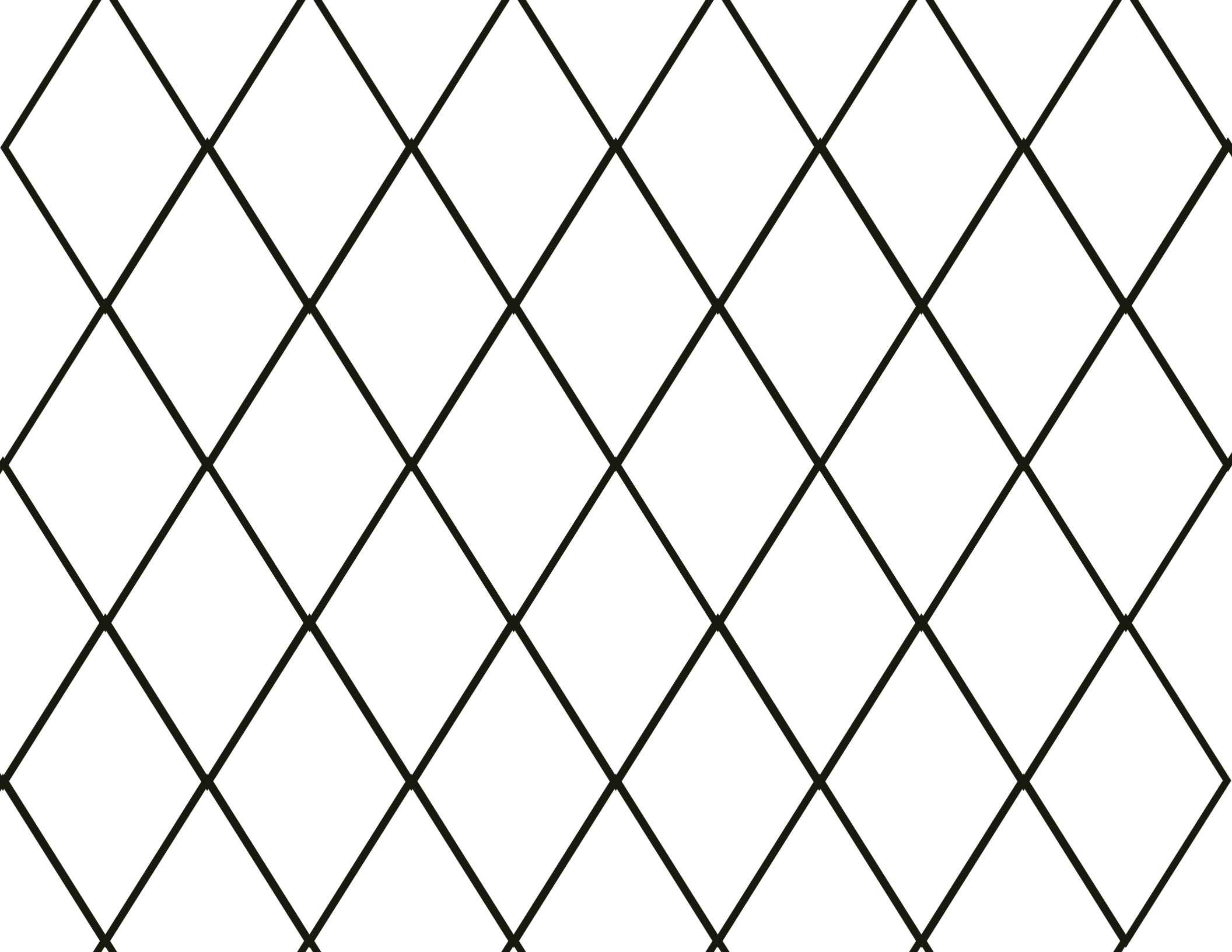
Blank Doodle Pages

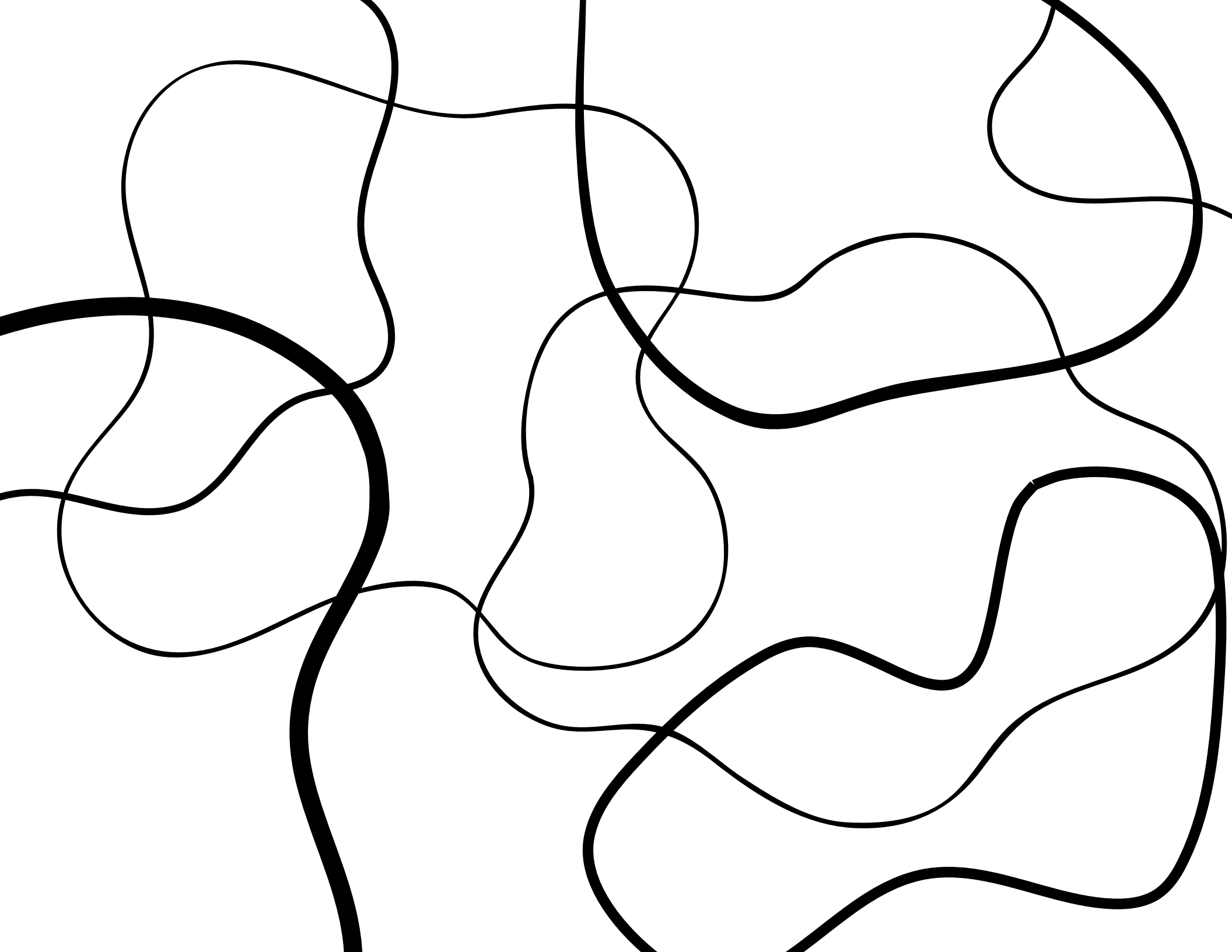
WWW.CREATIVETOOLSFORWELLNESS.COM

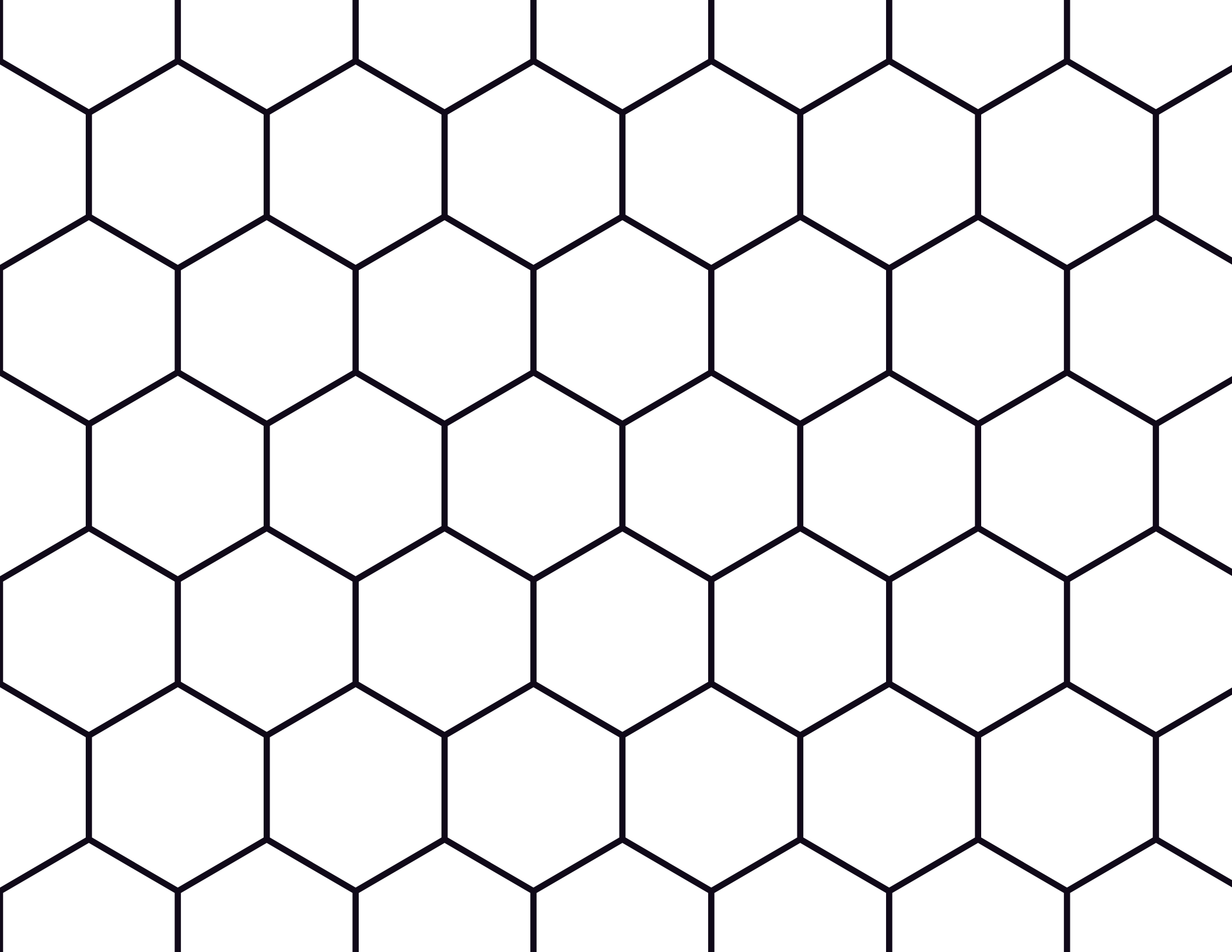
Fill in the following doodle pages with your own patterns or patterns from this book.

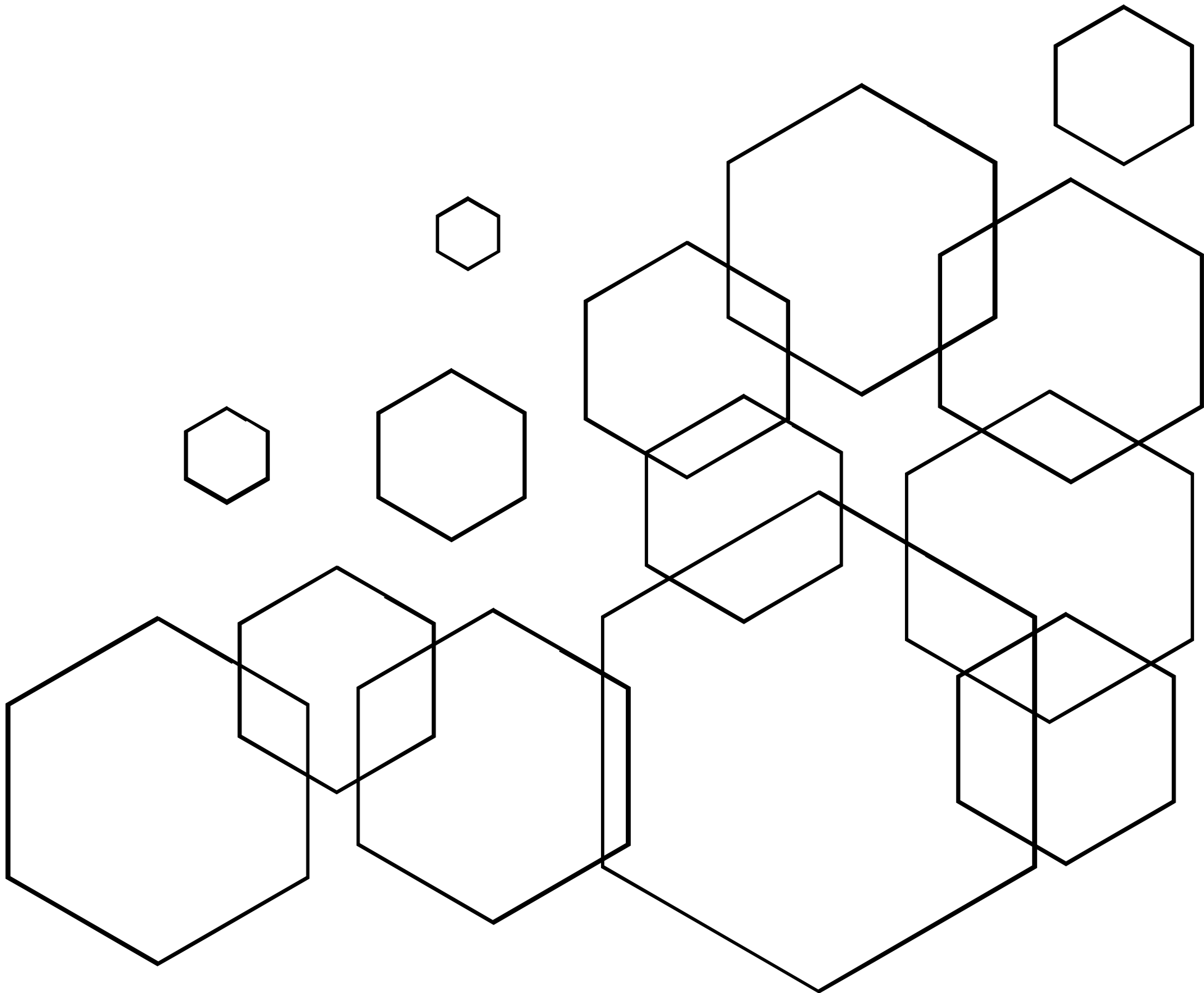


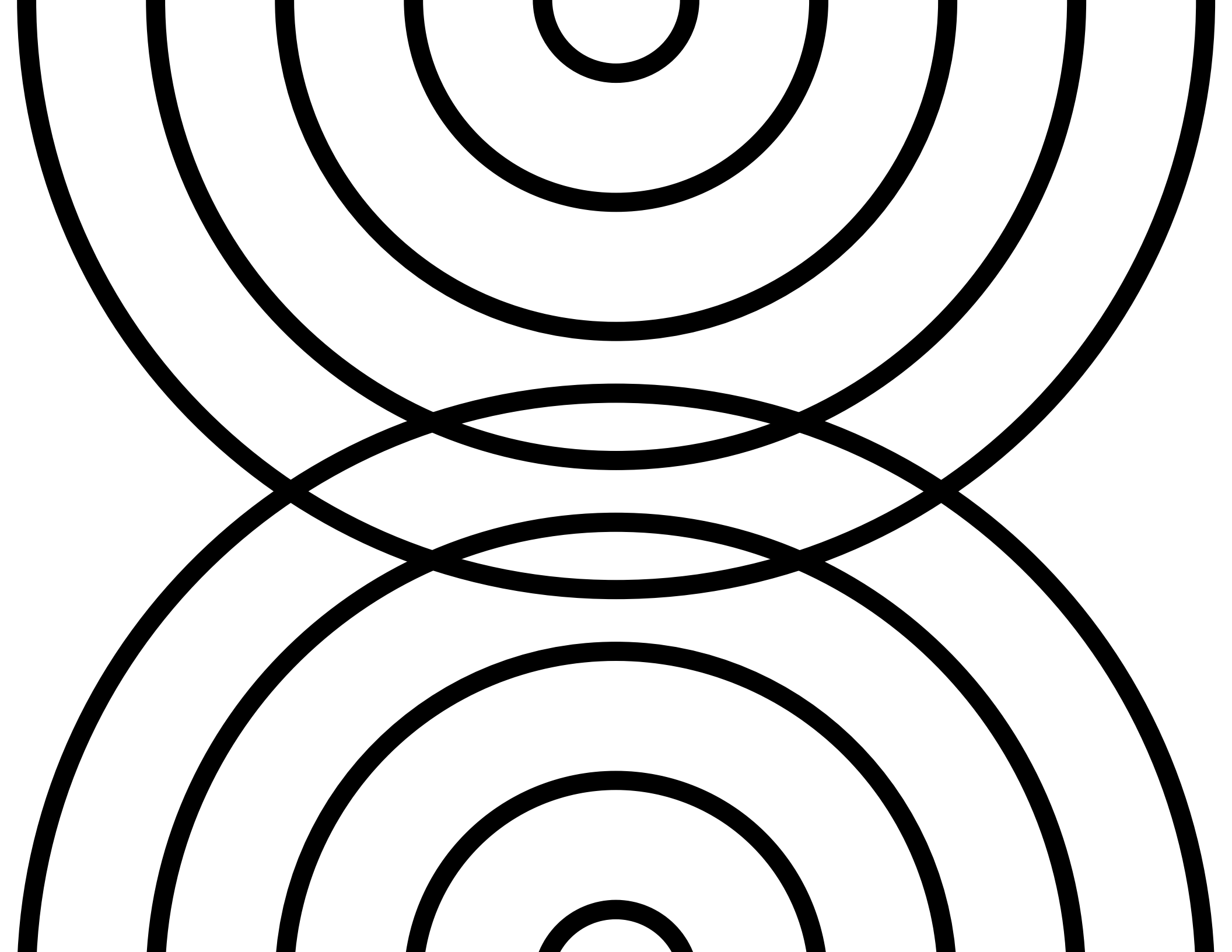


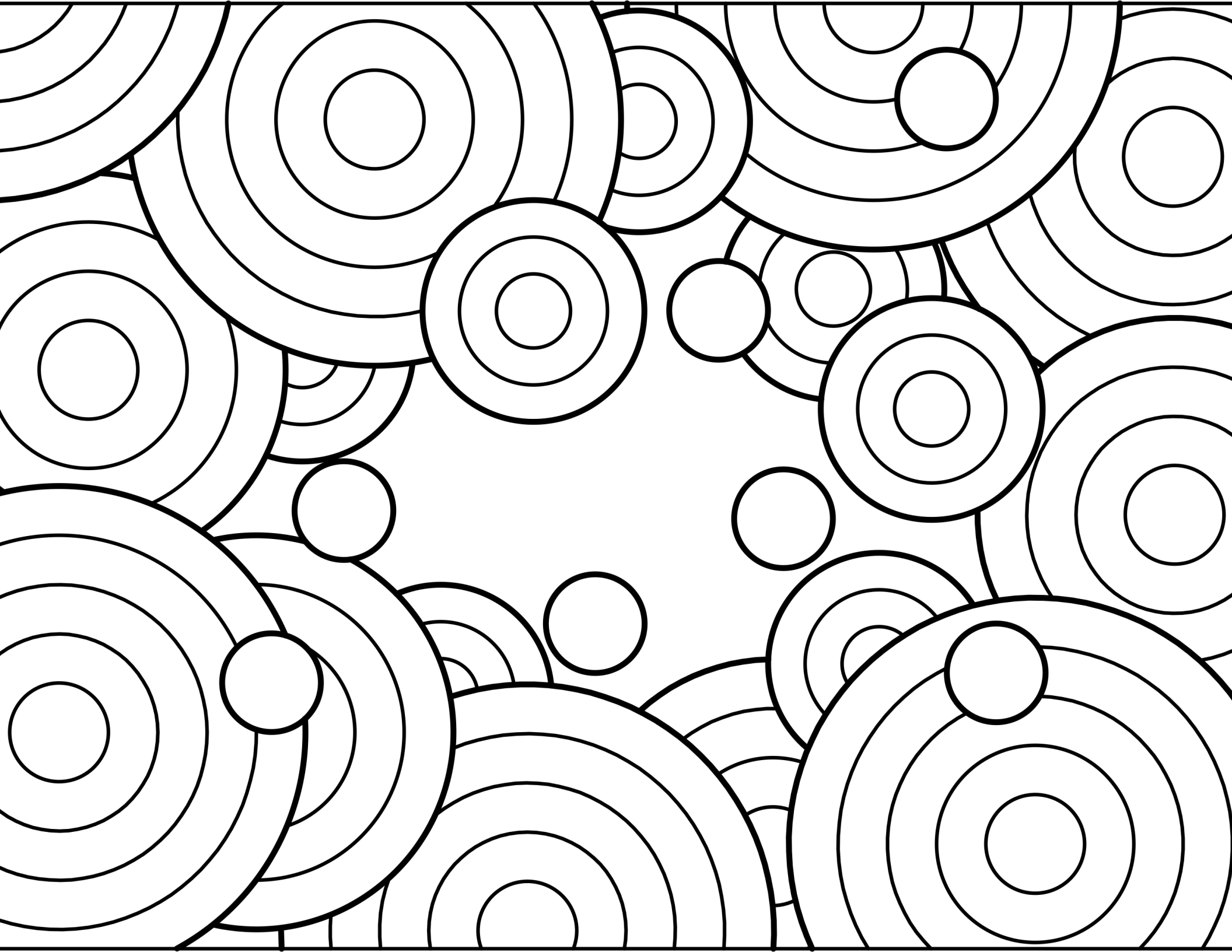












Follow Me!



WEBSITE



INSTAGRAM



FACEBOOK



YOUTUBE